

Issue 3: 6th March 2023

## Calendar

### March

- 13** Labour Day Public Holiday—NO SCHOOL
- 14** Parents Club Meeting
- 15** NAPLAN Assessment Begins
- 20** NO PRIMARY CLASSES—Staff Professional Learning Day
- 20** College Council nominations Close 4pm
- 27&28** Year 7 and Year 10 Immunisations

### Inside this issue:

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## A few words from the Principal.....Zlatko Pear

### College Council – notice of election and call for nominations

The 2023 College Council elections for members of the Myrtleford P12 College Council will take place over the next few weeks. Detailed information for parents is included in this newsletter.

The College would like to thank Marg Phillips, Dee Gasperotti and Ren Thoenes for their input and commitment as your Parent Representatives on College Council. All outgoing representatives are eligible to nominate for another term.

There are four (4) parent vacancies for this term. Nomination forms will be available at the general office of the school from this Friday 10th March and must be lodged by 4 pm on Monday 20th March 2023. If there are more nominations than vacancies an election will be held. We will advise of the timing of the next meeting of College Council once the election process is complete.

### **No classes – Primary**

A reminder that primary classes will not run on Monday 20th March. Our primary staff along with teachers from other schools across our network will participate in a professional learning day with world renowned literacy expert Lyn Stone.



**Prep-2 Site**

### **Building works update**

We are excited to announce that we are finally seeing some activity with the building works. The fences were put in place last week and the builders have started earth works across the sites. The old chicken coop, shelter shed and garden have already been demolished in preparation for the new Prep to Year 2 building. We look forward to providing you with regular updates as the project progresses.

## 2023 School Council Elections - Information for Parents

### ***What is a school council and what does it do?***

All government schools in Victoria have a school council. They are legally formed bodies that are given powers to set the key directions of a school within centrally provided guidelines. In doing this, a school council is able to directly influence the quality of education that the school provides for its students.

### ***Who is on the school council?***

There are three possible categories of membership:

- **A Mandated Elected Parent Category.** More than one third of the total members must be from this category. Department of Education and Early Childhood Development (DEECD) employees can be Parent members at their child's school as long as they are not employed at the school.
- **A Mandated Elected DEECD Employee Category.** Members of this category may make up no more than one third of the total membership of school council. The principal of the school is automatically one of these members.
- **An Optional Community Member Category.** Its members are appointed by a decision of the council because of their special skills, interests or experiences. DEECD employees are not eligible to be Community members.

The term of office for all members is two years. Half the members must retire each year, creating vacancies for the annual school council elections.

### ***Why is Parent membership so important?***

Parents on school councils provide important viewpoints and have valuable skills that can help shape the direction of the school. Those parents who become active on a school council find their involvement satisfying in itself and may also find that their children feel a greater sense of belonging.

### ***How can you become involved?***

The most obvious way is to vote in the elections, which are held in Term 1 each year. However, ballots are only held if more people nominate as candidates than there are positions vacant. In view of this, you might seriously consider standing for election as a member of the school council or encouraging another person to stand for election.

### ***Do I need special experience to be on school council?***

No. What you do need is an interest in your child's school and the desire to work in partnership with others to help shape the school's future.

### ***What do you need to do to stand for election?***

The Principal will issue a notice and call for nominations following the commencement of Term 1 each year. All school council elections must be completed by the end of March.

If you decide to stand for election, you can arrange for someone to nominate you as a candidate or you can nominate yourself in the Parent Category.

DEECD employees whose child is enrolled in a school in which they are not employed are eligible to nominate as parents for the school council where their child is enrolled.

Once the nomination form is completed, return it to the Principal within the time stated on the notice of election. If there are more nominations received than there are vacancies on council, a ballot will be conducted during the two weeks after the call for nominations has closed.

### ***Remember***

- Ask at the school for help if you would like to stand for election and are not sure what to do
- Consider standing for election to council this year
- Be sure to vote in the elections.
- Contact the Principal for further information.





# Building Works Update

Fences are up  
Demolition Started on Prep-2  
site  
Site Clearing started



Admin Site



Prep-2 Site



## RESTRICTED PEDESTRIAN ACCESS DURING CONSTRUCTION





# Primary Swimming Carnival



- AGE CHAMPIONS**
- 9 Year Old Female  
**Lola Michelini**
  - 9 Year Old Male  
**Jed Faccin-Devereux**
  - 10 Year Old Female  
**Max Kleine**
  - 10 Year Old Male  
**Charlie Pugh**
  - 10 Year Old Male  
**Nate Michelini**
  - 11 Year Old Female  
**Eden Magyar**
  - 11 Year Old Male  
**Nash Durling**
  - 12 Year Old Female  
**Nia Lewis**
  - 12 Year Old Male  
**Louis Sanderson**
  - 13 Year Old Male  
**Garcia Zanetti**



Participation Award-Riley Foreman



# Primary Swimming Carnival

## RECORDS BROKEN

- 9 Year Old Female 25m Backstroke**– Harlow Mitchell 37.16  
(Previous 2020 Arlia Mitchell 44.52)
- 10 Year Old Female 25m Freestyle**–Charlie Pugh 21.94  
(Previous 2020 Sahra Pugh 23.43)
- 10 Year Old Female 25m Backstroke**– Charlie Pugh 27.25  
(Previous 2022 Arlia Mitchell 30.54)
- 10 Year Old Male 25m Breaststroke**– Nate Michelini 29.47  
(Previous 2020 Tex Cartwright 33.47)
- 11 Year Old Female 25m Breaststroke**–Eden Magyar 28.23  
(Previous 2020 Matilda Gabler 31.91)
- 13 Year Old Male 25m Backstroke**–Harris Bruneau 23.97  
(Previous 2020 Joshua Bruneau 24.43)
- 13 Year Old 25m Butterfly**–Louis Sanderson 24.83  
(Previous 2022 Easton Fullwood 28.37)





# Around the College...

Be Respectful – Be Responsible – Be a Responsible Community Member – Be Safe

## Green Card Winners

Term 1 Week 5



- |   |                            |                              |
|---|----------------------------|------------------------------|
| Prepared and ready to participate       | Henry Heafield             | Following teacher directions |
| Keeping my learning space tidy          | Noah Pearson               | Wearing my uniform proudly   |
| Focussing on my own work                | Jacob Matheson             | Using respectful language    |
| Arriving and leaving quietly and safely | Lincoln Thorpe             | Trying my hardest            |
| Showing kindness to others              | Connor Schell              |                              |
|   | Shelby Teakel              |                              |
|   | Chloe Franks               |                              |
|   | Rose Harris                |                              |
|   | Isabella Norris            |                              |
|   | Ameliya Heatley (Absent)   |                              |
|   | Corrado Salvemini (Absent) |                              |

**Congratulations!!**

## CANTEEN DAYS

**OPEN**  
**MON, THURS, FRI**  
**CLOSED**  
**TUES, WED**

**Students will need to bring their own lunches on the days the canteen is closed.**

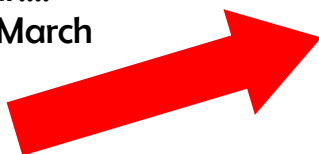
## BREAKFAST CLUB

**Tuesday Toasties**  
 In the SLA at recess time  
**Thursday and Friday**  
 In the canteen at 8.30



**ALL WELCOME!**

**First Parents Club meeting of the Year....**  
**Tuesday 14th March**



Calling all Parents.

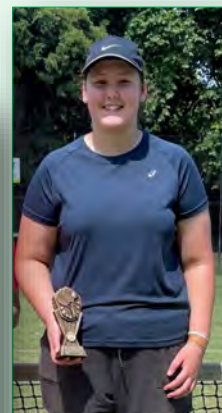
Parents Club will be having its first meeting for the year, along with our AGM, on Tuesday 14th March at 9am at school. All new parents are welcome to attend to find out all the great things we are doing for the students. As always, current parents are also encouraged to come along. A light morning tea will be provided.

Please contact Margaret at [mp12parentsclub@gmail.com](mailto:mp12parentsclub@gmail.com) to RSVP or express interest in holding an office bearer position. Looking forward to seeing everyone there.  
 Marg Philips (President)

## CONGRATULATIONS Hannah and Garcia

The Myrtleford Lawn Tennis recently held their Junior Club Championships.

Congratulations to students Hannah Pear who won the Vicki Moore Open Girls event, and Garcia Zanetti who won the 12/13 Boys event and came runner up in the Alan Heberle Open Boys event.

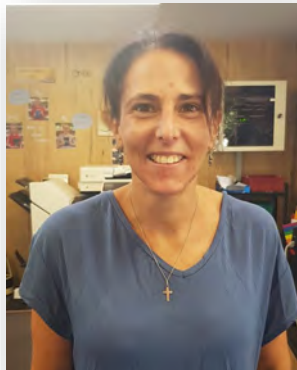


# Around the College...

## MENTAL HEALTH PRACTITIONER & OCCUPATIONAL THERAPIST

Meet....

**Miranda Schroeder**



Miranda is the new Mental Health Practitioner at Myrtleford P-12, sharing the role with Rutherglen High School where she is working three days per week. Miranda will also be employed as an occupational therapist to assess students and provide support for students and teachers in the classroom. Miranda has worked in both early intervention community mental health, and private practice through NDIS and Medicare.

Miranda is a Paediatric Mental Health Occupational Therapist, whose passion is working with young people to nurture their strengths and positive qualities, and to support them and their families to live the lives they chose, regardless of their circumstances or challenges.

Miranda grew up on the Mornington Peninsula prior to relocating to North East Victoria in 2008, to raise her two children, who are now teenagers. Miranda previously worked as a personal trainer for 10 years before returning to study as a mature age student.

Miranda loves being active, especially in the great outdoors and enjoys running, hiking, kayaking, boxing, swimming and exploring and having adventure with her kids.

Miranda hopes to offer students a range of opportunities for building positive mental health, resilience and wellbeing including one on one support, small groups or whole class activities. Miranda is available at school on Tuesdays and Fridays.

## SPEECH PATHOLOGY

Hi,  
My name is Helen Darmody.

I am a private Speech Pathologist from Albury. I provide Speech Pathology services across Albury, Wodonga, Alpine, and many other regional sites.

I have many years of experience working with:

- primary and secondary school age students
- hospital patients
- nursing home residents
- and community clients.

I love working as part of a team. I'm really enjoying my work here at Myrtleford P-12 College to assist students and teachers with all things related to communication, language, literacy and learning.

If you need to speak with me, please liaise with the school to arrange contact.

Meet....

**Helen Darmody**





# Prep-6 SRC, Art and Library Leaders

At last week’s Friday assembly, the newly elected SRC Representatives from each class , the Art and the Library Leaders were announced TO THE Prep-6 students and parents. All students in the Prep-6 Captain and Leader roles were also given their badge to wear proudly on their uniform.

## YEAR 6 ART LEADERS

- Deagan Ramia-Majors
- Jemma Martin
- Ryley Geddes
- Jen Bagos
- Willyum Savage
- Abigail Aldridge-Campbell



## YEAR 6 LIBRARY LEADERS

- Lily Picciocchi
- Eden Magyar
- Rocky Cusack



## SRC REPRESENTATIVES

- Year 6 Captains-Alice Branagan and Ben Hodgkin
- Year 6 Vice Captains- Will Hughes and Maya Emanuelli
- Year 5/6BF- Lara Menz
- Year 5B- Cody Versteegen
- Year 4W-Hunter Durling
- Year 3/4MC-Oscar Tran and Billy Simpson
- Year 3SP-Heidi Barry
- Year 2C-Makayla Allan
- Year 2H-Zarah Vescio
- Year 1A-Zoe Pankhurst

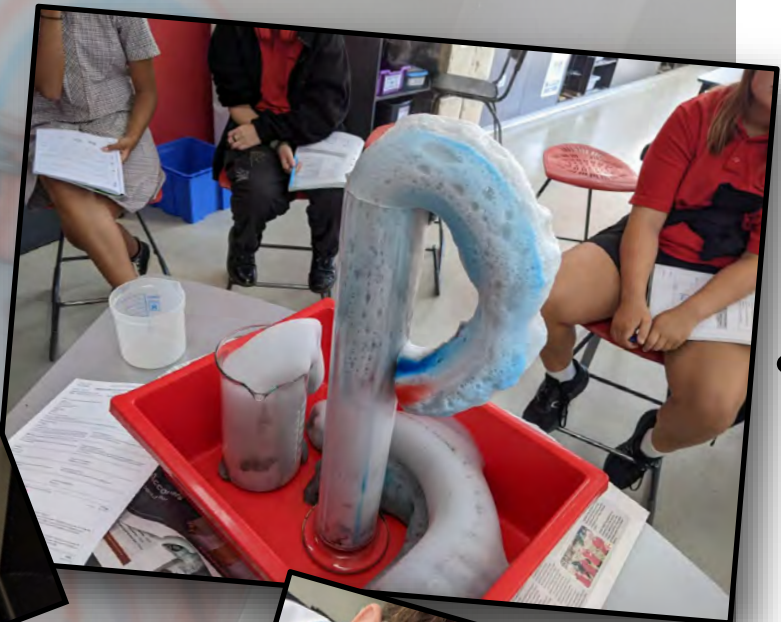




# Year 10 Science

In Year 10 Science we are exploring the use of catalysts in chemical reactions. Today we used the highly effective catalyst, manganese oxide, to decompose hydrogen peroxide in giant "elephant's toothpaste". The reaction was fast and so hot it created steam! A catalyst is not used up in a chemical reaction, so it is possible to recover the manganese oxide and use it over and over again.

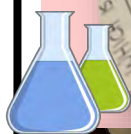
*Ms Mitchell*





# Prep Science News

On Tuesday, 21<sup>st</sup> February, the Prep classes visited in the Science Lab in the SLC building. Claire showed us the science lab and had set up some experiments for us to do during our visit. First, we had to learn about how to be safe in the science lab. We made sure that we had our safety goggles on, our lab coats on and that we were aware of our surroundings. Claire talked about how we can be safe in the lab by not drinking any of the liquids that we may come across and making sure that whenever we are in the lab, that we are walking.



After our talk, Claire showed us some simple experiments that involved the students making predictions about their findings. We had two measuring stations, using magnifying glasses to identify animals and plants, and an experiment that involved using magnets! The experiments were so much fun and the students learned a lot. Mr Pear even popped in for a visit!



# Prep Science News



Once we had all had a go at the different experiments, Claire then sat us in a circle and we were able to watch her create the "elephant toothpaste" experiment!! It was so much fun!!!!



Thank you Claire for showing us around your amazing Science Lab!

Mrs Lock



# Talking About Careers ...with Danielle Caponecchia

## Careers Newsletter

This newsletter is jam packed full of the latest careers news from around the state. It has updates from universities and other institutions. Scholarship, job vacancies, career pathway information and so much more.

I encourage both students and parents to take the time to read this. To access the newsletter go to <https://myrtlefordp12careers.com/> or type in myrtlefordp12careers.com

Click on the Careers Newsletter in the drop down box under the 'IMPORTANT INFO' tab on the top row From there you will see the latest newsletters from the past 6 weeks. Click on the top one for the most recent.

Newsletters will go onto the portal every fortnight on Wednesdays.

Please feel free to contact me with any queries or questions.

Last Friday Annie Iaria, Summer Caponecchia, Alex Durling and myself attending a School Industry Roundtable Discussion at the Gateway in Wangaratta.

We met with other schools, stakeholders, industry representatives, local council, local LLEN's & Education Department Representatives to discuss how local industries could support students with experiences and pathways.



It was also an opportunity to:

- Identify local employers who are developing specialist expertise where there will be future workforce skill needs, and gather their advice regarding careers and pathways
- Identify opportunities to showcase local innovative employers and pathways to their careers, to young people and families
- Build better connections between employers and schools in Wangaratta and Myrtleford
- Encourage young people to remain engaged in senior secondary education and consider regional job and tertiary education opportunities
- Support secondary schools with understanding the nature of the work and careers that are available and how to best prepare young people.

The students were amazing! Their interactions, comments and ideas were appreciated and taken on board by all those in the room.

*Danielle Caponecchia*



## HEALTH CORNER...with Adolescent Health Nurse Rosemary Bunge



I'm at Myrtleford P12 College on Tuesdays and Thursdays  
I can be contacted by email [Rosemary.Bunge@education.vic.gov.au](mailto:Rosemary.Bunge@education.vic.gov.au) or on 0438 710 584.

**Breakfast** is going really well, three days a week. Tuesday toasties at recess has been very well received with more secondary students taking part, which was the aim. Thursday and Friday breakfasts are held before school in the canteen and are also very well attended and it is pleasing to see some secondary students taking advantage of this too.

We celebrated Pancake Tuesday with a surprise of pancakes during the Tuesday Toastie day on Feb 21<sup>st</sup>. The students said they were yum!

**Immunisation for Year 7 and 10** are coming up on Monday March 27<sup>th</sup> and Tuesday March 28<sup>th</sup>. I will be speaking to these students about what immunisations are offered at their age level and why, prior to these dates. I will also put more information for parents in the next newsletter, just at this point letting you know to watch out for consent forms coming home soon. Please return these forms ASAP either with consent or non-consent, thank you.

### Education opportunity for parents and carers-Butterfly Foundation Body Confident Children and Teens Webinar

It can be hard for children and teens to be accepting of and confident in their bodies. It can also be hard for parents/carers to know what to say or how best to support them. Hear from the experts at Butterfly on how to help your child towards a positive body image.

**For:** Parents/carers of primary and secondary age children

**Covers:** Body image influences | Importance of positive body image| Positive role modelling | Reducing toxic body talk| Responding to appearance bullying | What to do if concerned | Resources and supports

**Date:** Monday, 21st March 2023

**Time:** 7pm - 8.15pm (AEDT)

**Format:** Live, via Zoom (time limited recording available)

**Cost:** \$15

**Register:** [https://events.butterfly.org.au/portal/event/?id=EP\\_BCCT\\_Parent\\_Webinar3010766952&Name=21/03/23%20BCCT%20Parent%20Webinar](https://events.butterfly.org.au/portal/event/?id=EP_BCCT_Parent_Webinar3010766952&Name=21/03/23%20BCCT%20Parent%20Webinar)

Quote for the week: "Love the life you live."



# Sport in the Community...



## Check out Scouts!

At 1st Myrtleford Scout Group!

Scouting actively engages and supports young people aged 5-25 in their personal development, empowering them to make a positive contribution to society.

Our Section meeting nights are:  
 Joey Scout (ages 5-8) Monday 4:30-5:30pm  
 Cub Scouts (ages 8-11) Tuesday 6-7:30pm  
 Scouts (ages 11-15) Tuesday 6-7:30pm  
 Venturers (ages 15-18) Wednesday 6-8pm

We meet at 183 Buffalo River Rd, Myrtleford.

For more information or to join, contact  
 gl.1stmyrtleford@scoutsvictoria.com.au  
 or call 0438 403 068.



Scouts  
VICTORIA

1800 SCOUTS  
scoutsvictoria.com.au



## JOIN THE FUN!

Whorouly - T1

All Girls Auskick Centre

Whorouly Recreation Reserve

Tuesdays - February 21st - March 21st

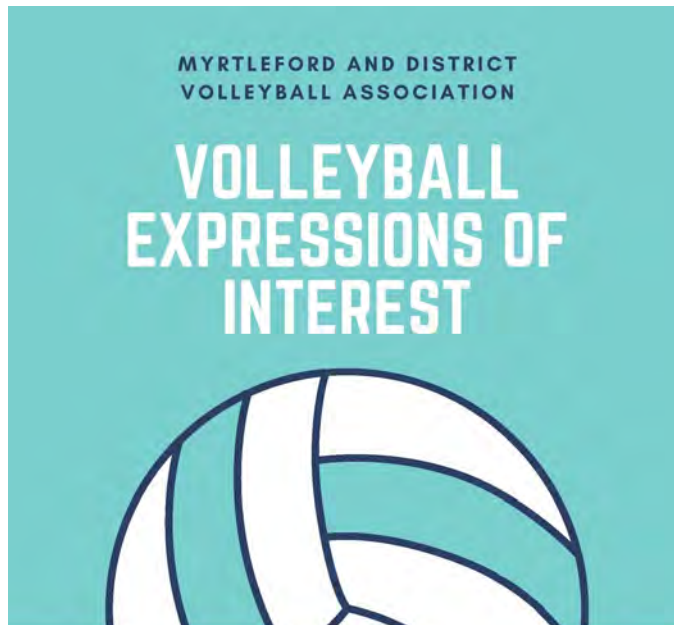
4pm-5pm

Register via the link below or  
 the QR code

<https://www.playhq.com/afl/register/33da34>

For further details:

[cam.green@afl.com.au](mailto:cam.green@afl.com.au)



MYRTLEFORD AND DISTRICT  
VOLLEYBALL ASSOCIATION

# VOLLEYBALL EXPRESSIONS OF INTEREST

IF YOU ARE INTERESTED IN PLAYING  
 COMMUNITY VOLLEYBALL ON  
 WEDNESDAY NIGHTS (MAY-  
 SEPTEMBER), SEE THE DETAILS BELOW!  
 PLAYERS FROM 12+ ARE WELCOME

Please contact Keira Schaefer  
 (kschaefer445@gmail.com) to express your  
 interest in joining the MDVA 2023 season



## 2023 Myrtleford Junior Football Club Season Registrations are OPEN!

New, current and old players are welcome to join.  
 Under 12s (Players age 1/1/2011 to 31/12/2012) All  
 Genders Under 14s (Players age 1/1/2009 to  
 31/12/2010) All Genders Under 17s (Players age  
 1/1/2006 to 31/12/2008) Click on the link below to register.

<https://www.playhq.com/afl/register/634351>

All New members (Never played for the MJFC) will receive a FREE Club polo.  
 Please email your name and size to [myrtlefordjuniorfootball@gmail.com](mailto:myrtlefordjuniorfootball@gmail.com)

Players are required to purchase their own playing boots, shorts and socks,  
 available from Sports First Myrtleford and a Mouth Guard. Playing Tops will be  
 supplied by the club.

Once registered, please download the App – “Stack Team App” and request to  
 Join “Myrtleford Junior Football”.

This is where updates will be given to parents throughout the season.

For more information, please call Rory on 0408574337

Go Saints



# In the community



**Start saving now with Saver Plus**

Learn tips and tricks to grow your budget and saving skills. Save for 10 months. Get up to \$500 of matched savings for school expenses. Just in time for 2024.

\*Eligibility criteria apply

[saverplus.org.au](http://saverplus.org.au)

## Are you eligible to join Saver Plus & receive \$500 for your back to school costs?

Must meet all eligibility criteria:

-  Have a current Health Care or Pensioner Concession Card **AND** an eligible Centrelink payment\*
-  Be studying yourself **OR** have a child in school (can be starting school next year)
-  Have regular income from work (either yourself or your partner)\*
-  Be 18+ years old

\*Many types of income and Centrelink payments are eligible

[saverplus](http://saverplus.org.au)



### School Crossing Supervisor (Myrtleford)

Are you looking for a position that benefits the local Community?  
Support the children in our community!

A rewarding opportunity exists at Council for a casual school crossing supervisor Myrtleford.

#### How you'll make a difference

Make a difference to our community by supervising our school crossings during school terms in the morning and/or the afternoon to assist students and families to travel safely to and from school.

#### Our ideal candidate

To be successful in the role, applicants will have:

- Sound communication skills
- Excellent interpersonal skills
- Experience working with children or the general public
- The ability to follow road safety procedures and laws
- The ability to get to the school crossing (sometimes at short notice)

Applicants will need to meet the physical requirements of the position as well as undergo a police check and have (or have lodged an application for) a Working with Children Check (WWCC).


Training will be provided.

#### Apply now

Casual position, based in Myrtleford  
Flexibility with number of shifts  
Band 1 Alpine Shire Council Enterprise Agreement

For more information visit:

<https://www.alpineshire.vic.gov.au/council/careers/current-vacancies/school-crossing-supervisor-myrtleford-0>



Presented by **MARIAN College**

# AS YOU LIKE IT

**EM PAC, Myrtleford**

**Prince Street, 3737**

Bookings through College Office (03) 5752 1596

Dates:  
Thursday 30th March  
Friday 31st March  
Saturday 1st April

\$5 - All concessions  
\$10 - Adult  
\$30 - Family (5 Seats)

# In the community



## Friends of Lacluta Fundraiser Evening



**Saturday, March 25th 2023**  
**Smorgasbord Dinner**

**\$50 p/p**  
(Buy your own drinks)

**6 pm for a 6:30 pm start**

Bookings essential:  
Club Savoy (03) 57511296

### Club Savoy Myrtleford

**Guest Speaker:** Margie Beck AM.  
Former Deputy Director Marist Teachers' College, Timor Leste

**Auctions:** Local experiences, services, wines and accommodation  
**Mega Raffle**

Funds will support education and health programs in Timor Leste



## MYRTLEFORD TOWN GARAGE SALE

### 11th March 2023

\$25 fee per site/address  
Registrations close March 1st

All registered garage sales will be provided with an official "Myrtleford Town Garage Sale" registered sign and balloons. Any enquires please contact Margaret 57521494 or Ren 0493382383



## PREVENT

Alcohol and Risk-Related Trauma in Youth

### Information - The P.A.R.T.Y. On Program

Do you have a young person in your life aged between 18 and 24?

Would they benefit from more knowledge of the potential consequences of taking risks?  
Do they have the perception that "it won't happen to me"?

The Alfred's P.A.R.T.Y. (Prevent Alcohol and Risk-Related Trauma in Youth) program are presenting an event on **Thursday the 30th of March, 2023** so that older youth and their families and friends can be better informed about the consequences risk-taking.

The **2.5 hour program** will run from **5pm to 7.30pm** with a combination of video, demonstrations and live presentations with Alfred Health clinicians and a past Alfred trauma patient. The program covers information from pre-hospital to rehabilitation focusing on the care a trauma patient may go through. It provides real information about traumatic injury through the lived experience of others.

The event will be held at **The Betty & John Laidlaw AO Alfred Innovation & Education Hub**, located at the **Alfred precinct at 75 Commercial Road, Melbourne**.

#### Tickets costs are:

- \$30.00 per person
- \$25.00 per ticket for student/concession or for 3 or more tickets

Light refreshments will be provided.

The event will be run in accordance to COVID-19 safety precautions and will be rescheduled should there be a changed response to COVID risk.

Please note, numbers are strictly limited.

#### For further information, please contact:

The P.A.R.T.Y. Program at The Alfred team at [info@partyalfred.org.au](mailto:info@partyalfred.org.au) or see the frequently asked questions: [partyalfred.org](http://partyalfred.org)





## lake hume Cycle Challenge

Sunday 12th March 2023

enter now

Pick a ride that suits you:

- 80km/980m Bethanga Beast
- 65km/870m Sandy Creek Loop
- 40km Tallangatta Trail Tour
- 15km Kiewa River Family Ride

FREE post-ride sausage sizzle and soft drink.

Find out more at [lakehumechallenge.com.au](http://lakehumechallenge.com.au)

Photo courtesy of the Border Mail

Proudly sponsored by:



Proudly Supporting Albury Wodonga Regional Cancer Centre Trust Fund Inc.



SCAN ME



# In the community



As part of the workshops NESAY brings to you “Connecting the lines through cartooning with SPLATOONS Cartoon Shop”

This workshop aims to increase confidence, family connections and communication strategies through the use of cartooning.

For more information and to register: <https://www.eventbrite.com.au/e/connect-the-lines-cartoon-workshop-family-sessions-tickets-535353465627>

For additional workshops apart of the Spotlight on you series visit: <https://www.eventbrite.com/cc/spotlight-on-you-1702029?utm-campaign=social&utm-content=creatorshare&utm-medium=discovery&utm-term=odclsxcollection&utm-source=cp&aff=escb>

## FUTURE PROOF

**Young People, Disaster Recovery and (Re)building Communities**  
Engaging OUR Youth – OUR Future!

- Youth Led fun Activities
- Build Strong Connections
- Career Pathways
- Training Opportunities
- Youth Advisory Groups
- Safe and Inclusive
- Healing together
- Upskill

Youth Resilience Coordinator: Sarah Russell  
Email: [sarah.russell@awahs.com.au](mailto:sarah.russell@awahs.com.au)

Youth Resilience Peer Worker: Chloe Sargeant  
Email: [chloe.sargeant@awahs.com.au](mailto:chloe.sargeant@awahs.com.au)

Ph: 0473 466 517

Shop 4/68 Myrtle Street  
(next to Buffalo Farm Equipment)

ph: (03) 57 521 494

For all your crafting needs:  
patchwork, quilting, embroidery, knitting,  
scrapbooking, cardmaking, haberdashery

[creaturecrafts@bigpond.com](mailto:creaturecrafts@bigpond.com)    [www.creaturecrafts.net.au](http://www.creaturecrafts.net.au)

## Spotlight on You

A series of FREE workshops aimed at shining a light on mental health and wellbeing for yourself, your mates and loved ones.

WORKSHOP	DATE & TIME	LOCATION
<b>Workshops for young people</b>		
Self-Care: Looking after your mental health	Mon 27 February 4-5:30pm	Wangaratta Rovers Football Netball Club
Self-Care: Looking after your mental health	Mon 28 February 6-7:30pm	Wangaratta Rovers Football Netball Club
Self-Care: Looking after your mental health	Mon 6 March 4:30-6pm	Online Delivery
Looking out for your friends	Tue 28 February 4-5:50pm	Wangaratta Rovers Football Netball Club
<b>Workshops for families (young people can be joined by a family member)</b>		
Flourish 1	Wed 8 March 4-5:30pm	HP Multipurpose Room, Schilling Drive, Wangaratta
Flourish 2	Thurs 16 March 4-5:30pm	HP Multipurpose Room, Schilling Drive, Wangaratta
Connect the lines through Cartooning	Tue 21 & Wed 22 March 4-4:45pm	HP Multipurpose Room, Schilling Drive, Wangaratta
Connect the lines through Cartooning	Tue 28 & Wed 29 March 5:30-6:15pm	HP Multipurpose Room, Schilling Drive, Wangaratta
<b>Workshops for parents &amp; carers</b>		
Supporting young people: notice, ask, connect	Mon 27 February 5-7:30pm	Wangaratta Rovers Football Netball Club
Supporting young people: notice, ask, connect	Tue 7 March 6-7:30pm	Online Delivery

Scan the QR Code for more information and to register

**Myrtleford P12 College is a Child Safe School.**  
 All our Child Safe policies can be accessed on the College website.  
<http://www.myrtlefordp12.vic.edu.au>

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- Our fortnightly newsletter is available for your enjoyment:**
- **On the Skoolbag app** available on Android and Apple devices. (Where you can also enjoy notifications about school related information, and access to parent forms)
  - **On the College website** at <http://www.myrtlefordp12.vic.edu.au/>
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